

August 29, 2020

Dear Parishioners,

As you have heard, the Department of Health has advised me to quarantine until September 6, due to possible exposure to covid-19 last Sunday, August 23. The good news is that I currently have no symptoms.

The Diocese has directed the following:

- **No daily Masses**
- **No Sunday Masses**
- **No Confession**
- **No Adoration**
- **No Appointments with the Priest**

I send you my blessings and will keep you in my prayers, as you likewise keep me in yours.

Fr. Lawrence Kithinji, Pastor – Sacred Heart Parish